

# Fremont Fountain View

A program of Baruch Senior Ministries 501 (c)



## Management at your service

“Baruch Senior Ministries seeks to honor God by serving people as they age.”

Administrator  
Shelley McDonald

Resident care Manager  
Latasha Robinson

Life Enrichment Director  
Jeff Wellman  
Nicole Wandzilak

Director of Food Service  
Lorraine Wellman

Director of  
Housekeeping  
Sue Cotton

Director of Maintenance  
David McDonald

Pastor  
Joan Cornelison



## Welcome to November

### November Facts

November is often referred to as a transitional month. In the southern hemisphere spring gives way to summer and in the northern hemisphere, say goodbye to fall, because winter is coming!

In the US, November is perhaps best known for Thanksgiving. Since 1621, the fourth Thursday in November has served as a holiday to gather with friends and family and give thanks for the blessings in

our lives and also eat the incredible food reaped from the fall harvest. That's 401 years of turkeys!

The official flower for the month of November is the chrysanthemum. Meaning 'golden flower' the chrysanthemum represents honesty, joy and optimism.

The official birthstone of November is the topaz. This orange-yellow gemstone is said to represent friendship.]

If you're American you know the presidential election is always in November. But do you know why?

It comes down to the farmers. Not wanting to disturb the planting, growing or harvest seasons, the month of November was chosen as the most logical month for everybody to be able to vote.

November 11th is a very important day where we remember the veterans we have lost in past wars and thank the military of today for protecting our country.

Sweet dreams in November

It is always a relief in November when the clocks turn back and we all get an extra hour of sleep. But get your extra beauty sleep in while you can. There is growing consensus that changing the clocks twice a year is not necessary and may be eliminated in the future.

# Spirit Week

October 24- October 28<sup>th</sup> was spirit week Here at Fremont Fountain View

- Monday-Orange and Black day
- Tuesday-Crazy hair /crazy hat day
- Wednesday-Denim and Flannel day
- Thursday-Neon day
- Friday-Costume day



## Spirit Week



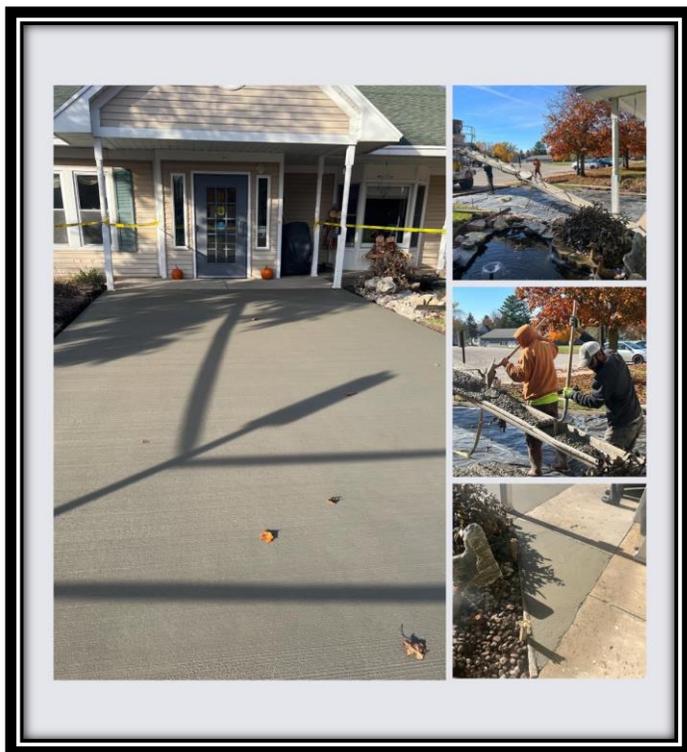
Welcome to Fremont Fountain View, or is it the 100 Acre Woods with Winnie the Pooh and the gang



## New Entrance Walkway

Thank you to Earl Ashbaugh and team for the new and safer entrance to our building.

We also made a way for the residents to safely get to the benches under the awning to sit around the Koi Pond.



## November Resident of the Month

Our November 2022 Resident of the Month is Shirley Eppink. What an amazing blessing it is watching Shirley show caring and compassion for other residents. Way to go Shirley!



## Baruch's Moving for Miles



**Congratulations Fremont Fountain View. We were awarded the Community Support Award for raising the most money for a Baruch Home.**

**Total Raised \$3100.00  
Jeff Walked 170 total miles**

**A BIG THANK YOU to all who supported or fundraiser!**

## Welcome Ruth Walch to our Fremont Fountain View family



## November Birthdays

### Residents

Doris Sowle 11/27/31

### Staff

Cassie Rollston 11/05

Gabrielle Huffman 11/14

Sue Cotton 11/24



## Fun With Jeff & Jane's Cooking Show



### OUR ADMINISTRATOR

Happy Bosses Day

October 17th  
Shelley McDonald



# Tree Lighting Ceremony

**Our Tree lighting will be on Friday, December 9, 2022  
at 6:30 pm.**

**Family members, friends, and staff may purchase an  
Ornament of choice in honor or memory of someone.  
The cost is \$10.00 each.**

**(All proceeds go to Fremont Fountain View)**

**We will have you place your ornament on the tree  
during our tree lighting ceremony. After Christmas  
you may take your ornament home.**

**See Nicole or Shelley for ornament  
selections!**



**\*\*\*Join us for refreshments following the Tree Lighting Service. 😊**



*Things to be thankful of this Holiday Season:*

*Family and friends*

*Plenty of Good eats*

*Four days off in a row*

**We would like to invite you to our  
Thanksgiving Extravaganza**

**Date: Tuesday November 22, 2022**

**Time: 11:30 am**

**Where: Fremont Fountain View**

**RSVP by Tuesday November 15, 2019**

**Limit 2 guests DUE TO THE LIMITED SPACE**

**Let's give thanks for our blessings.**

**Which include a second helping of Pumpkin pie.**

**Happy Thanksgiving!**