

Fremont Fountain View

Name of your community | Address | Phone number | Other information



Management at your service

“Baruch Senior Ministries seeks to honor God by serving people as they age.”

Administrator
Shelley McDonald

Resident care Manager
Latasha Robinson

Activity Director
Nicole Wandzilak

Director of Food Service
Lorraine Wellman

Director of Housekeeping
Sue Cotton

Director of Maintenance
David McDonald

Pastor
Joan Cornelison

A Fresh Take on Peppermint

Peppermint bark. Peppermint lattes. Peppermint candy canes. There is no doubt about it—peppermint is the undisputed flavor of the winter season. Mint is full of the chemical menthol, which, when tasted, activates the same nerve sensors that allow us to feel cold. We love the refreshing, cooling sensation of mint in our mouths and are reminded of winter each time we take a taste. But there is more to the story of peppermint's hold on the winter season than its chemical composition.

Mint-flavored hard candies have been made for hundreds of years. Before the invention of air-conditioning, hard candy could be made only during the cool, dry months of winter, for heat and humidity would spoil the candy. Mint is a reliable flavoring because it does not cook off during the manufacturing process. Its flavor remains incredibly strong. For this reason, mint-flavored hard candy has always been a wintertime treat.

Legend has it that the first candy canes were invented in the 17th century by a German choirmaster who bribed his choirboys with peppermint candy sticks to keep them complacent during mass. Candy in church was not exactly solemn, so the choirmaster asked the candy maker to fashion the candy sticks into shepherds' crooks, honoring Jesus.

It wasn't until 1847 that a German Swedish immigrant to America named August Imgard used the candy cane as a Christmas decoration. He spun white hard candy into its crooked shape and hung the canes along with paper ornaments from a blue spruce. It would take a few more decades and the advent of mass production techniques for candy canes to get their red stripes. Why red? Some say this color represents the blood shed by Jesus on the cross, while others attribute it to the red berries and green garland of evergreen holly that has been associated with Yule traditions. Don't wait until December 26, Candy Cane Day, to enjoy candy canes. Most people start buying them the day after Thanksgiving.

Photos from our Thanksgiving Extravaganza

Was a great afternoon with lots of good food and great family time. All made possible by our amazing staff and volunteers



Trunk or Treat at Fountain View.
Thank you to all who donated candy and participated.



Resident of the Month For December

Sherwood



Sherwood is sweet and lots of fun to be around. He has a sweet smile and loves to help others. We are all happy to have him as part of our Fountain View family

December Birthdays

Residents:

12/01.....Sherwood Breuker

12/14.....Mac Harris

12/17.....Raymond Frantz Jr

Staff:

12/01.....Latasha Robinson

12/07.....Nicole Wandzilak

12/08.....Lorraine Wellman

Opening Day of Deer Season

Another successful year for the residents. Thank you to all our volunteers who helped make this possible.



Go Big or Go Home

The first Saturday of December is Global Fat Bike Day, a day to get out and ride your fat tire. A fat bike (also known as a fatbike, fat tire, fat-tire bike, or snow bike) is an off-road bicycle equipped with oversized tires that are often anywhere from 3.5–5 inches wide. Why ride a bike with fat tires? Because these bikes allow riders to cycle over challenging terrains, such as sand, bogs, mud, and snow. Wider tires distribute a rider's weight over a larger surface area, providing increased traction. Fat bikes are the answer for riders interested in cycling year-round in inclement weather.

The fat bike was invented in the 1980s by Frenchman Jean Naud for cycling through the deserts of Africa. In the early 1990s, two Alaskans developed a fat bike for use on Alaska's Iditarod Trail Invitational, a winter ultramarathon with cycling, running, and skiing. Today, fat bikes are found in almost every bike shop. They are no longer confined to extreme terrain but are equally at home on city streets thanks to smooth tires with shallow treads.

Crafts With Nicole



Fountain View Tree Lighting Service

Reminder:

Our tree lighting service this year is on Friday December 9th at 6:30 pm at Fremont Fountain View

Please let us know by December 6th if you plan to purchase an ornament. Ornaments are \$10 each and there are several to choose from.

This is always a special time for residents and families to honor and remember those we love.

Please stay for light refreshments and fellowship immediately following the service.



Thank you to everyone who donated to Toys for Tots.

All the toys we receive stay in Newaygo County to bless the children of our area.

Pop Can Drive

Thank you to everyone who donated to our pop can drive.

All proceeds help the residents here at Fountain View and is much appreciated



Farewell Jeff

We were all sad to hear that Jeff was leaving as he accepted a position at another facility. He has touched so many lives in the time he was here and brought so much joy to everyone. He is greatly missed! Wishing him all the best in his new job knowing they are blessed to have him as we were blessed. We love and appreciate him and all he did for fountain View. Good news is that he does intend to volunteer his time when able and come back now and again to visit.