

October 2023

# Fremont Fountain View

Name of your community | Address | Phone number | Other information



## Management at your service

“Baruch Senior Ministries seeks to honor God by serving people as they age.”

Administrator  
Shelley McDonald

Resident Care Manager  
Latasha Robinson

Activity Director  
Nicole Wandzilak

Director of Food Service  
Lorraine Wellman

Director of  
Housekeeping  
Sue Cotton

Director of Maintenance  
David McDonald

Pastor  
Joan Cornelison

## Absolutely Gourd-geous

Anyone who's attended a county fair is probably familiar with gargantuan, record-breaking pumpkins. Last October, Travis Gienger grew the largest pumpkin in America at 2,560 pounds. But in September of 2021, Italian farmer Stefano Cutrupi set a new world record for the world's largest when his colossus weighed in at 2,702.9 pounds. Why grow pumpkins to such enormous sizes? A better question to ask is how do pumpkins get so big? And can you grow a giant in time for Pumpkin Day on October 26?

Pumpkins are members of the genus *Cucurbita*. These fruits are related to the cucumber family and include squashes, gourds, zucchini, and, of course, pumpkins. All these plants are native to tropical and subtropical areas of North and South America. They grow on vines and can naturally grow as large as 200 pounds, making them the heaviest fruits on the planet.

Over the years, farmers moved these plants out of the tropics and began to grow them around the world. They selected certain species and explored which cultivars could be cross-bred to create the largest pumpkins. At the 1893 Chicago World's Fair, William Warnock wowed crowds with a 365-pounder. In 1900, Warnock showed off a 400-pound pumpkin at the World's Fair in Paris. His giant pumpkins had become major attractions.

It wasn't until the 1970s that Howard Dill of Nova Scotia bred a pumpkin known as the “Atlantic Giant,” a cross between the Rennie's Mammoth (itself descended from the Goderich Giant) and Mammoth Chile pumpkins. Over the next decade, pumpkins would grow to 700 pounds.

Growing an Atlantic Giant takes 130 days, with plenty of full sunshine, fertilizer, and water. A frost will ruin the growth, so it's important to keep the pumpkin warm early in the season. Once the vine bears a pumpkin, choose the best to focus on and remove the rest. Even nonprofessionals can grow Atlantic Giants as large as 500 pounds!



Was a great week celebrating our wonderful residents and staff

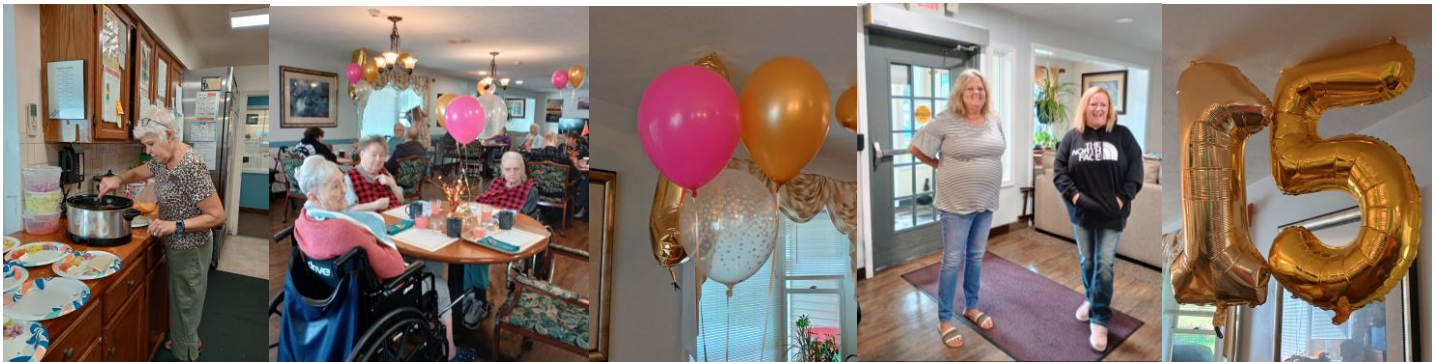
Was a great week celebrating our wonderful residents and staff





## *Farewell and Thank You to Janice Martin*

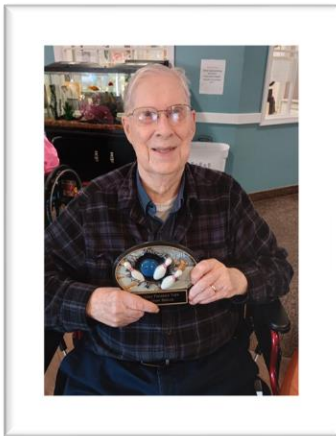
We had a retirement party for Janice on the 18<sup>th</sup> of September. The 27<sup>th</sup> of October would have marked 15 years of employment with Fountain View. It wasn't a full retirement however as she has stayed on for a short time to help with a staffing shortage. This just shows how dedicated and wonderful she truly is. We thank you and appreciate you Janice and wish you the very best in all that you do.







The residents enjoying some coffee and social time



### Bowling Champion

*Andy has been a 3-time champion twice in a row now and will be receiving a trophy engraved with the title: 6x bowling champion. Congratulations Andy*

### Staff Appreciation

With staffing shortages at Fountain View, we have been blessed to have such a dedicated, hard working group of amazing staff. From picking up shifts to fill the need as well as to give their coworkers a needed day off, they have all been going above and beyond in their work and are appreciated more than they know. I couldn't be happier to work with such an amazing team. Fountain View staff are the best!

## Biking for Baruch

Thank you to everyone who donated for Biking for Baruch, Moving for Miles. Team All About That Pace did a great job! They were out walking, kayaking, and even did a few fun challenges to raise money for the Lifetime Promise Program for the residents at Fountain View. In total, the team raised around \$1500. Great job everyone!!



### Crafts: Sensory Tubes

The residents enjoyed making these sensory tubes filled with items such as sea shells, beads, and glitter. These are great as they are calming and relaxing when shaken, resembling the ocean.





## Need A Chocolate Fix??

Our candy bar fundraiser has begun!

Stop into Fountain View! We have Worlds  
Finest Candy bars, only \$1 each



## Fountain View Trunk or Treat



Tuesday October 31<sup>st</sup>

102 Hillcrest

5-7pm

We are in need of candy donations for this  
event as well. Donations can be brought in  
from now until the 27<sup>th</sup>

Thank You

## October Birthdays

Janice Martin....10-10

Katrina Glenn....10-12

## Anniversaries

Residents:

Linda Guikema....10-30-2018

Staff:

Janice Martin.....10-27-2008

Shelley McDonald....10-27-2008



## October Resident of the Month



**Georgie Hissong**

A wonderful and special lady who always  
shows kindness to residents and staff