## Fremont Fountain View

Name of your community | Address | Phone number | Other information



Management at your service

"Baruch Senior Ministries seeks to honor God by serving people as they age."

Administrator Shelley McDonald

Resident Care Manager Latasha Robinson

> Activity Director Nicole Wandzilak

Director of Food Service Lorraine Wellman

Director of Housekeeping
Sue Cotton

Director of Maintenance
David McDonald

Pastor Joan Cornelison

#### **A Perfect NYC Christmas**

There are hundreds of things to do in New York City any day of the year, but the city takes on a sparkle during the Christmas season that makes it feel like you've stepped into a Hallmark movie. The bustle and constant activity can be overwhelming, but they also add to the festive atmosphere.

There's nothing like staring up at the magical tree at Rockefeller Center, which towers 80 feet above the crowd and twinkles with more than five miles of lights! After admiring the tree, many people don some ice skates for a few laps around the famed Rink at Rockefeller Center. Others swear that Wollman Rink at Central Park, featured in movies such as *Home Alone 2*, is a superior choice.

Strolling along Fifth Avenue to take in the window displays is another iconic holiday activity. Stores like Bergdorf Goodman, Tiffany & Co., Barney's, and Macy's create extravagant themed windows that attract tourists and other holiday-fun seekers. The windows showcase fairytale wonderlands, glittery winter landscapes, and magical scenes of Santa and his elves hard at work.

In a town known for its shows, going to see a Christmas performance should be on every list. The Rockettes' *Christmas Spectacular* is filled with the expected high kicks and beloved Christmas tunes. An outing to see Tchaikovsky's *The Nutcracker* is a holiday tradition for families all over the country, but the Lincoln Center's production is one of the most admired performances of this 1892 classic.

The Christmas season isn't complete without picking up some presents for family and friends. Shopping options in the Big Apple are always plentiful, but the European-style Christmas markets have some truly unique gift items. The atmosphere is festive—chilly air, twinkling lights, bustling stalls, and the scent of baked goods create the perfect backdrop for discovering local and handmade goods. For native New Yorkers and visitors alike, nothing beats Christmas in New York. Additionally, indulging in some seasonal treats like sipping on hot cocoa or munching on roasted chestnuts from street vendors can add a delicious layer to your New York City Christmas experience. The combination of delightful flavors and festive sights truly makes the holiday season in the Big Apple a cherished memory.

### Students from Fremont Christian come visit Fountain View

We have been blessed twice having students from Fremont Christian School come to visit, both singing and visiting with our residents. Bringing in Thanksgiving cards and homemade pumpkins. The children enjoyed asking questions and getting to know the residents. The residents were overjoyed and so



# December Resident of the Month Helen Echtinaw

A lady with one of the warmest smiles and a great sense of humor, Helen is such a joy and so well loved by residents and staff. Congratulations Helen!



#### Fiddlin' Around



December 13 is Violin Day. On this day in 2010, rock violinist Ben Lee broke the Guinness world record for fastest violin player by playing Nikolai Rimsky-Korsakov's "Flight of the Bumble Bee" in just 58.515 seconds. After breaking the previously unbreakable magicminute mark, Lee reportedly insured his fingers for over four million dollars.

Violins were once used only in classical music, but they have since become popular in jazz, rock, and pop music. Folk musicians have long played the fiddle, and violin-like stringed instruments have been used in India and the Arab world for hundreds of years. Violin makers, called luthiers, enjoy great renown. Italian luthier Antonio Stradivari's violins are so precious that one 1716 instrument, "The Messiah," is part of a museum collection in England.

Music therapy with Melissa on Fridays



Music from Paul Carmichael and his wife Joyce. They are definitely a favorite as the residents keep asking them to come back. They do a variety of songs from patriotic, hymns, country, and more. Looking forward to seeing them both again.



Pastor Len from Country Bible Church. The pastor as well as members of the church have been coming to Fountain View, usually two Sundays per month to provide church services for the residents.

#### **Anniversaries**

Staff:

Christine Harroun.....12-22-22



#### Thanksgiving Dessert Bar

Thank you to everyone who came out as we hosted our first Thanksgiving dessert bar. Was a wonderful, relaxed time of fellowship, enjoying time with family. We have much to be thankful for



December 2023 December 2023

#### **Home Sweet Home**



Gingerbread House Day, December 12, brings a touch of magic to the holiday season. It's the perfect occasion to indulge in a timehonored tradition: building and decorating gingerbread houses.

This charming holiday

observance offers a sweet escape from the busyness of the season.

The history of gingerbread houses has roots in medieval Europe, where gingerbread was initially reserved for special occasions and celebrations. It was often used to create intricate works of edible art, including gingerbread houses. These delectable structures gained popularity in Germany during the 16th century when the Brothers Grimm published their fairy tales, including the famous story of Hansel and Gretel, who discover a house made of gingerbread and candy deep in the forest.

Notable gingerbread houses have become a source of fascination and wonder. The White House has a longstanding tradition of creating a gingerbread replica of the executive mansion during the holiday season. These intricate confections often include detailed icing decorations and miniature furnishings.

Another impressive example is the annual National Gingerbread House Competition in Asheville, North Carolina. This event attracts pastry chefs and artists from around the world who craft astonishing gingerbread creations, from charming cottages to elaborate castles.

In modern times, gingerbread houses have evolved from simple, rustic structures to intricate architectural marvels. They continue to be a beloved holiday tradition, a sign of the enduring appeal of this spicy-sweet treat. This year on Gingerbread House Day, unleash your creativity, and see what kind of edible masterpiece you can create with family and friends.

#### **December Birthdays**

Residents:

Sherwood Breuker.....12/1

Mac Harris......12/14

Raymond frantz.....12/17

#### Staff:

Latasha Robinson.....12/1 Nicole Wandzilak......12/7 Lorraine Wellman.....12/8

Adriana Wheeler.....12/11



### Tree Lighting Ceremony Reminder

We invite you to join us on Friday

December 15<sup>th</sup> for our annual tree lighting
ceremony. Ornaments can still be
purchased and are \$10 each. Order sheets
are available in the office. The ceremony
begins at 6:30pm